

Profile for Ms.Misba Shah

Misba Shah is the Director of the Institute of Clinical Hypnotherapy and Related Sciences. Dedicated to helping coaches and practitioners to create a happy, healthy and more fulfilling world by assisting them with advanced coaching and therapeutic skills. She loves the city of Mumbai and was born in Gujarat.

She finished her undergraduate degree in Commerce from Sydenham of Commerce & Economics, Mumbai with a specialization in Accountancy and Auditing. Alongside pursuing a masters from Punjab Technical University, she completed a postgraduate degree with the Unitedworld School of Business. With her continuous passion towards mental sciences she decided to pursue a Master's Degree in Clinical Psychology from Indira Gandhi National Open University in the year 2019.

Before her career in counselling and training, Misba worked with companies such as Domino's Pizza, Khana Khazana, Bluesky HR Solutions, XcellHost Cloud Services whilst spearheading the HR Department in her last role with corporates. With her tenure in HR and talent acquisition, she has gained valuable skills and experience in management, HR administration and field operations. At XcellHost Cloud Services, her key achievement was 100% recruitment with shift hiring. Her responsibility was in human resource operations. A generalist with many hats, Misba truly surpasses as an extraordinary human being.

She has also completed a Diploma from the Indian Society of Training & Development to support her development as a trainer. With the backing of her husband, ICHARS Support Foundation was founded in the year 2018. A non-profit organization dedicated to creating a holistic system that connects, supports, enables all the stakeholders in the mental health landscape. Her work experiences spans over 9 years in different settings.

Besides this, Misba has been certified by the California Institute of India as a Clinical Hypnotherapist and an NLP Practitioner by Dr Richard Mchugh SJ. She has also completed family constellation from Auroville Foundation Kattida Kalai Trust (Aurosystemica) by Mehlem Moghan & Yuval Van den Eijk. Misba, with her eagerness to learn new skills also completed a training known as 'Metaphors of Movement' by Andrew T. Austin that adopts a new approach to overcome trapped states with clients.

Outside her busy life, Misba is a social butterfly who enjoys a cup of hot coffee with her friends. She indulges in Indian and Continental food when she heads out for a meal. In the year 2020-2, Misba was selected to be a Club Secretary for InnerWheel Club of Bombay Seacoast which carries out outreach projects in local communities. During the pandemic in India, the institution helped the underprivileged. Currently, she is reading a book by Bert Hellinger known as 'Heal your relationships' that portrays the dynamics of different relationships. An outdoor enthusiast she enjoys exploring the new, travelling and even bike rides.